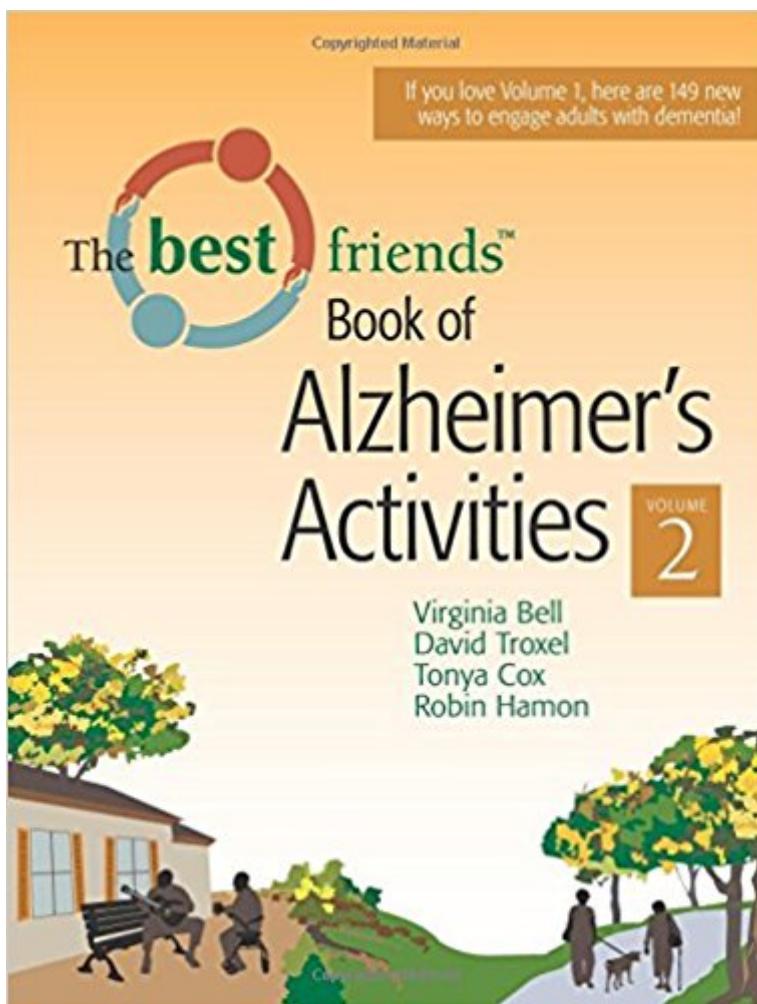


The book was found

The Best Friends Book Of Alzheimer's Activities, Volume Two



Synopsis

Expand and enrich your Best Friends activity programming with 149 all-new activities for individuals with dementia. Like the first book, this collection of fun and easy activities will add both meaning and enjoyment to the activities at your adult day center, home care setting, or residential care facility. Feedback and insights from individuals with early-stage dementia helped shape this new collection, as well as activity suggestions from national and international dementia programs. As a result, the activities include a new focus on diversity and multiculturalism. Also featured are topics of interest to participants in their 50s and 60s, such as the Internet, advocacy, and community service. Participants, staff, and family members will enjoy fresh ideas for creative art projects, interactive games, and evening activities. New themes to explore in Volume 2 include activities related to the kitchen and food, life story sharing and reminiscence, religious and spiritual traditions, and wellness. Adaptations for people in the early and late stages of Alzheimer's disease, preventive measures to avoid unwanted surprises, and conversation tips make these activities particularly versatile. Use this resource to extend the benefits you already enjoy from Best Friends programming or discover for the first time how this groundbreaking approach can transform activities and daily interactions.

Book Information

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Customer Reviews

"Embracing the activity principles in the Best Friends model has helped us to capture the very essence of how activity programming should be for person-centered care. Our residents and staff

have responded so positively to the Best Friends program that we have made Best Friends our road map to achieving excellence in dementia care." --Jill Hess, LMSW, ACSW, Vice President, Organizational Development, Heritage Community of Kalamazoo."In addition to facilitating more creative individualized projects, this book breathes new life into activities routinely done in memory care settings. . . Occupational therapists experienced in the art of planning person-centered and occupation-based activities will appreciate the way The Best Friends Book of Alzheimer's Activities utilizes the person's life story to anchor the design process." --Advance for Occupational Therapy Practitioners

Virginia Bell has lectured widely on Alzheimer's disease at national and international conferences, speaking at 12 National Education Conferences of the Alzheimer's Association and lecturing at 18 conferences of Alzheimer's Disease International. She's published journal articles and books, notably in *Dementia Care: Patient, Family and Community* (John Hopkins, 1989). Many of her articles have been reprinted numerous times: "The Alzheimer's Disease Bill of Rights" (1994), "The other Face of Alzheimer's Disease" (1999) and "Spirituality and the Person with Dementia" (2001), co-authored with David Troxel and published in the *American Journal of Alzheimer's Disease* and in the *Alzheimer's Care Quarterly*. She has also co-authored five books with David Troxel. Virginia is currently the Program Consultant for the Greater Kentucky and Southern Indiana Chapter of the Alzheimer's Association. David Troxel is an internationally known expert in Alzheimer's and memory care. He's best known for his work with residents and families, and is an informative and engaging speaker. David holds a Masters Degree in Public Health from Rutgers Medical School. During the 25 years that he's worked in the field, he's also served as an Executive Board member of the American Public Health Association and the Ethics Advisory Panel for the US National Alzheimer's Association. David has co-authored four influential books (most notably, *The Best Friends Approach to Alzheimer's Care*) on Alzheimer's relating to the disease care as well as staff development and training. David's *Best Friends Approach* is built on a seemingly simple premise: that what people living with memory loss need most is a friend; a best friend. David teaches caregivers how to understand and fulfill this role, including special caregiving techniques and tools. He lives in Sacramento as a writer, speaker and consultant. Tonya M. Cox, M.S.W., is Vice President of Education and Programs for the Alzheimer's Association serving greater Kentucky

and southern Indiana. She began working in dementia care in 1995 in the Helping Hand Adult Day Program developing and leading activities for persons with memory loss. She also teaches and presents on activity programming and caring for persons with dementia. Robin Hamon, M.S.W., is Family Support Coordinator for the Alzheimer's Disease Research Center at the University of Kentucky Sanders Brown Center on Aging. She worked with the Alzheimer's Association Lexington/Bluegrass Chapter for 11 years. During her tenure as program manager for the Helping Hand Day Center, she developed a creative art training program for staff and volunteers working with persons with dementia. Her special interests are in training and providing creative arts experiences for persons with dementia.

Great reference book. I've been an activities coordinator with folks with Alzheimer's and other dementia. And not having much time for preparation this is such a handy book with the different ways it's categorized. And many of the activities I can do with what I have on hand and the folks love it. It's also a great spring board for ideas.

This is a great book for Alzheimer's. Gives a lot of ideas to keep the patient active.

Thank you David and Virginia for this wonderful book. Our clients will definitely benefit from all of the activities you have suggested Dianne from Alzheimer's Marlborough, New Zealand

Over priced

Wonderful book. Great ideas and very helpful for working with people who have dementia.

This book has great ideas for not only group activities but also individual activities. The ideas are also not expensive.

Very helpful ideas.

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